XIX International Congress of Hypnosis

October 17th - 21st 2012
Bremen

Who we are and why we look so „mesmerized“ you can read on page 5

www.hypnosis-congress.com
# Contents

1. **General information** 4
2. **Faculty** 6
3. **Pre-Congress-Workshops** 10
4. **Keynote Adresses** 13
5. **Program Categories – an overview**
   5.1 Psychotherapy, Psychosomatics: Fundamentals and Theories
      - Anxiety and OCD 15
      - Hypnosis and Family Therapy 16
      - Depression 17
      - Sleeping disorders 18
      - Trauma Therapy and Ego-State Therapy 19
      - Psychotherapy: Fundamentals and Applications 21
      - Hypnosis and Speech Pathology 25
      - Hypnosis with children and adolescents 26
   5.2 Medical Hypnosis
      - Pain 28
      - Anesthesia 30
      - Gynecology and Obstetrics 31
      - Emergency medicine 32
      - Medical Hypnosis 33
      - General and special topics 33
   5.3 Dental Hypnosis 35
   5.4 Hypnosis Research in Hungary 36
   5.5 Symposium: MsMerism: The contributions of women to hypnosis 37
   5.6 Vive la Trance – or Polish your Français 38
   5.7 Kinetic Trances and (Active)-Alert Hypnosis 39
   5.8 Music and Trance 40
   5.9 Chinese Hypnotherapy 41
   5.10 Russian Hypnotherapy 42
   5.11 Symposium: Manipulation and Self trance 43
   5.12 Live demonstrations 44
   5.13 Bremen and Bremen Town Musicians 45
   5.14 Smoking cessation 46
   5.15 Mental Training and Self Hypnosis 47
   5.16 Alternative Medicine and Hypnosis 48
   5.17 Neuro-psychological research 49
   5.18 Lectures about various topics
      - Essentials, Strategies, Approaches 50
      - Intercultural Issues 51
      - Art and Art Therapy 51
      - Philosophical Aspects 52
      - Lectures about addressing symptoms 52
6. **Cultural Program** 54
7. **Frequently Asked Questions & Answers** 56
8. **Imprint** 58
9. **Registration** 59
International Hypnosis Congresses

1889  I  Congress: Paris
1900  II  Congress: Paris
1965  III  Congress: Paris
1967  IV  Congress: Kyoto
1970  V  Congress: Mainz
1973  VI  Congress: Uppsala
1976  VII  Congress: Philadelphia
1979  VIII  Congress: Melbourne
1982  IX  Congress: Glasgow
1985  X  Congress: Toronto
1988  XI  Congress: The Hague
1992  XII  Congress: Jerusalem
1994  XIII  Congress: Melbourne
1997  XIV  Congress: San Diego
2000  XV  Congress: Munich
2004  XVI  Congress: Singapore
2006  XVII  Congress: Acapulco
2009  XVIII  Congress: Rome
2012  XIX  Congress: Bremen
General information

Idea of the Congress
This is the 19th International Hypnosis Congress of the International Hypnosis Society, which dates its inception from 1889, and which has taken place every three years since 1973. The congress brings together leading experts from all over the world who represent a wide range of hypnotic skills, theoretical orientations and research interests. Numerous renowned hypnosis experts have replied to our invitation and will contribute to the congress. The ISH congress offers a pleasant atmosphere for speakers and participants from all over the world to meet, to exchange ideas and learn from one another.

Structure of the Congress
The congress will offer a range of learning components with 3 hour and 1.5 hour workshops, lectures, panel discussions, symposia and keynote speeches. There will be many parallel events from which to choose what is most interesting for you and your work.

Congress Languages
German and English (and French)
The keynote presentations will take place in the largest room of the Conference Center as well as the largest workshops. These largest events will have simultaneous translation (German, English and French). All other presentations, in German or English, are without translation. Because we have many registrations from France few workshops are in French language. Currently 15-20 parallel events in English and German are being planned.

Cultural Program
We have confirmation of some famous artists for a humorous and entertaining cultural program. You will find a first glance at the end of this brochure. On Saturday there will be the congress party. On Friday evening, directly in front of our Congress Center „The Freimarkt of Bremen“ will take place. This is the largest feast of the North, with an almost 1000 year old tradition, which predates the famous Oktoberfest im Munich by several hundred years.

International Society of Hypnosis
The International Society of Hypnosis ISH comprises about 40 member associations from all continents all over the world. At the same time the leading hypnotherapists and researchers are organized as single members in this society. The ISH publishes scientific magazines (JCEH), a newsletter and bestows five awards every three years in line with the international congresses.

About this brochure
In this brochure you will find most of the accepted papers, lectures and workshops. In the final program there will be even some more papers and workshops. Because we will email to colleagues and also hope you will forward it to your colleagues as well we have included only a part of the photos of our faculty. All papers, workshops, abstracts, cv and photos you soon be found on our webpage www.hypnosis-congress.com
General information

The “Bremen Town Musicians”
This universally known fairy tale of the Brothers Grimm tells the story of cock, cat, dog and donkey. Their owners think they are too old and therefore want to kill them. The animals manage to escape and by chance meet afterwards. They follow the donkey’s proposition to become town musicians in Bremen and set out for Bremen. Finally, in conjoint “utilization” of their resources and strengths, they manage to seize the house of a band of robbers and decide to stay there. Contrary to the Bremen Town Musicians, the international hypnosis-world is planning to actually reach Bremen and unfold their skills, resources and combined creativity there. The hosts strive to “rock” the congress in every single way granting an ideal basis to unfold the collective creative potential.

The City Bremen and the Congress Center
Bremen, the port city on the Weser River, looks back on over 1200 years of history. It is located in the north of Germany. The Congress Center of Bremen is located in the heart of the city, only a 100 meters from the main train station and easily accessible by all means of transportation. The magnificent Citizen Park of Bremen is within a 5 minutes walk and offers the opportunity to spend the lunch break in a lush green environment.

And why do we look so hypnotized?
They told us that in March 2012 already 1280 health professionals plus 300 faculty members have registered for Bremen.
Australia
Brian Allen
Peter Richard-Herbert

Austria
Reinhold Bartl
Karlheinz Brandt
Martin Dettelbacher
Eva Ferstl
Martina Gross
Monika Gumhalter-Scherf
Susanne Hausleithner-Jilch
Hans Kanitschar
Matthias Mende
Michael Nigitz-Arch
Barbara Nigitz-Arch
Walter Tschugguel
Charlotte Wirl

Belgium
Marie-Elisabeth Faymonville
Fabienne Roelants
Nicole Ruysschaert
Christine Watremez
Ria Willemsen

Brazil
Marilia Baker
Lilian Borges Zeig
Ricardo Feix

Canada
Assen Alladin
Danie Beaulieu
Gabor Filo
Ashley Goodman

China
Xin Fang
Hong Wei Ma
Qijia Shi
Tianjun Liu
Wei Ren
Wei Xue
Yuan Li
Tak-ho Lam

Denmark
Anette Werner
Randi Abrahamsen

Finland
Ben Furman
Maarit Virta

France
Philippe Aim
Marie Arnaud
Jean Becchio
Patrick Bellet
Gilles Besson
Isabelle Celestin
Patrice Charbonnel
Jacqueline Clediere
Cécile Colas Nguyen
Jean Damien Dehoux
Bruno Dubos
Myriam Eono
Olivier Fleureaux
Franck Garden-Breche
Christine Guilloux
Jean-Francois Marquet
Stéphane Ottin Pecchio
Isabelle Prevot-Stimec
Olivier Prian
Daniel Quin
Christian Schmitt
Thierry Servillat
Bruno Suarez
Guylaine Tran
Jane Turner
Faculty

Denis Vesvard
Claude Virot

Germany
Daniel Bass
Ghita Benaguid
Dagmar Bieselt
Walter Bongartz
Wiltrud Brächter
Eberhard Brunier
Wolf Büntig
Günter R. Clausen
Elfie Cronauer
Hermann-Josef Diedrich
Klaus-Dieter Dohne
Georg Dünzl
Hansjörg Ebell
Susann Fiedler
Melchior Fischer
Georg Franzen
Kai Fritzschke
Sabine Fruth
Ulrike Halsband
Ernil Hansen
Ingo Hodum
Eleonore Höfner
Karl-Ludwig Holtz
Helga Hüskens-Janßen
Paul Janouch
Ulrike Juchmann
Stefan Junker
Roland Kachler
Christian Kettler
Hans-Christian Kossak
Beate Köster
Harald Krutikak
Wolfgang Kuwatsch
Ines Lägel
Anne M. Lang
Susanne Leutner
Liz Lorenz-Wallacher
Hans Markowitsch
Ortwin Meiss
Veit Meßmer
Silvia Meyer
Elvira Muffler
Peter Nemetschek
Rolf Pannewig
Burkhard Peter
Manfred Prior
Luise Reddemann
Dirk Revenstorf
Björn Riegel
Helmut Rießbeck
Uwe Rudol
Hans-Ulrich Schachtner
Angelika Schlarb
Albrecht Schmierer
Gunther Schmidt
Maria Schnell
O. Berndt Scholz
Barbara M. Schoog
Stefanie Schramm
Sebastian Schulz-Stübner
Cornelie Schweizer
Karl-Josef Sittig
Ute Stein
Birgit Steiner-Backhausen
Teresa I. Sztab
Irmtraud Teschner
Dorothea Thomaßen
Bernhard Trenkle
Mathias Ulbricht
Harald Ullmann
Manfred Vogt
Jens von Lindeiner
Claudia Weinspach
Bernhard A. Wicke
Albert Widmann
Thomas Wolf

Great Britain
Mhairi McKenna
Irving Kirsch
Devin Terhune
Martin Wall
Ann Williamson

Greece
Andrew Armatas
Pantazis Iordanidis

Hungary
Éva I. Bányai
Gyula Biró
E. Jakubovits
Emese Józsa
Zoltán Kekecs
András Költő
Márián Renáta
Katalin Varga
Adrienn Vargay
József Pál Vas
<table>
<thead>
<tr>
<th>Country</th>
<th>Faculty Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>India</td>
<td>Jini K Gopinath, Rajni Vyas, Bhaskar Vyas</td>
</tr>
<tr>
<td>Lithuania</td>
<td>Inara Roja</td>
</tr>
<tr>
<td>Luxembourg</td>
<td>Marie-Jeanne Bremer</td>
</tr>
<tr>
<td>Norway</td>
<td>Martin Blendstrup Malmstrøm, Hans Christian Ramskov Jensen, Gunnar Rosén</td>
</tr>
<tr>
<td>Poland</td>
<td>Ewa Gruszecka, Krzysztof Klajs, Lucyna Lipman, Kasia Szymanska</td>
</tr>
<tr>
<td>Mexico</td>
<td>Teresa Robles, Jorge Abia, Rafael Núñez</td>
</tr>
<tr>
<td>Russia</td>
<td>Olga Antipova, Anna Debyanskaya, Vladimir Kuznetsov, Natalya Petrash, Larisa Shtark, George Stefanov, Rashit Tukaev</td>
</tr>
<tr>
<td>Netherlands</td>
<td>Carla Frankenhuis, Eric Vermetten</td>
</tr>
<tr>
<td>Slovakia</td>
<td>Erika Chovanec</td>
</tr>
<tr>
<td>Slowenia</td>
<td>Miran Mozina</td>
</tr>
<tr>
<td>South Africa</td>
<td>Jenny da Silva, Elzette Fritz, Woltemade Hartman</td>
</tr>
<tr>
<td>Spain</td>
<td>Jose Cava, Adolfo García de Sola Márquez, Teresa Garcia-Sanchez</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Faculty

Sweden
Etzel Cardeña
Susanna Carolusson
Anna Gerge
Lars-Eric Uneståhl

Turkey
Abdulkadir Demirel
Ali Esref Muezzinoglu
Osman Özcan
Ali Özden Öztürk
Cuneyt Tugrul

Switzerland
Peter Hain
Regina Hunter
Carlo Lang
Martine Oswald
Olivier Piedfort-Marin
Michael Schekter
Gary Bruno Schmid
Susy Signer-Fischer
Thomas Villiger
Silvia Zanotta
Christian Ziegler

Ukraine
Borys Ivnyev
Oleksandr Tokhtamysh

USA
Helen Adrienne
Ronald Alexander
Brian Alman
David Alter
Arreed F. Barabasz
Philip F. Barretta
Norma Barretta
Christel Bejenke
Ralph Berberich
Carolyn Daitch
Sheryll Daniel
Susan Dowell
Reinhild Draeger-Muenke
George P. Glaser
David Gottsegen
Steven Hassan
Mark Jensen
Joan Jobsis
Anita Jung
Pamela Kaiser
Daniel Kohen
Jeffrey Lazarus
John Lentz
Julie Linden
Richard Miller
Donald Moss
Maximilian Muenke
Karen Olness
Jane Parsons-Fein
Dave Patterson
Maggie Phillips

Susan Pinco
Alan Redstone
Michele Ritterman
Dan Short
C. Alexander Simpkins
Annellen Simpkins
Laurence Sugarman
Linda Thomson
David Wark
Edwin Yager
Michael Yapko
Diane Yapko
Jeffrey K. Zeig

Ukraine

USA
Pre-Congress-Workshop 1
(Congress Center Bremen)

WS1: Michael Yapko
The Merits of Clinical Hypnosis in Psychotherapy: Enhancing Treatment Experientially

(Tuesday 16.10.12, 11-2 am and 3:30-6:30 pm)

The author of the comprehensive book Trancework – An Introduction to the Practice of Clinical Hypnosis” 4th revised ed. June 2012 is giving an overview about the importance of hypnosis in modern psychotherapy. For advanced colleagues this will be a summary of the state of the art in the field and additionally is an introduction to hypnotherapy for beginners. The abstract will give you a good impression what Michael Yapko is planning to teach.

www.hypnosis-congress.com

Registration until July 31, 2012
175,- €/for congress participants 95,- €

Registration from Aug 1, 2012:
195,- €/for congress participants 110,- €
Pre-Congress-Workshops: Hypnosis from East and West

Pre-Congress-Workshops 2+3
(Congress Center Bremen)

The Indian Professors Rajni and Bhaskar Vyas impressed us at our recent congress in Nepal 2010. Bhaskar Vyas is a specialist in plastic surgery who worked in England, USA and India. He was President of the Indian Hypnosis Society as well as the Society for Clinical and Experimental Hypnosis in USA. Bhaskar Vyas is also a philosopher and knows Eastern as well as Western philosophy. He knows Jungian Analysis and Ericksonian Hypnotherapy. Rajni Vyas is a gynecologist and obstetrician who worked also in USA and India. She was President of the Indian Hypnosis Society. Both are authors of the Indian Handbook of Clinical Hypnosis. They sent several very interesting proposals for the congress and we have chosen two for the pre-congress seminars.

WS2: Rajni Vyas
Positive suggestions in hypnotherapeutic session
(Tuesday 16.10.12, 11-2 am)

The Abstract of Rajni Vyas is starting with: Positive psychology is said to be a new concept. In fact, philosophically, it is old wine in a new bottle. Since time immemorial, blessings and prayers were emphatically positive. Rishis of Rig Veda prayed so that good thoughts would come to them from all the sides. Patanjali, a master positive psychologist, first laid out the preparations for spiritual progress by defining what to do and what to avoid...

WS3: Bhaskar Vyas
Age regression and selective ablation of the past for disorders of undiagnosed etiology: A comprehensive hypnotherapeutic strategy
(Tuesday 16.10.12, 4:30 - 7:30 pm)

Unconscious mind by its very definition is not conscious to the patient/client and, often to the therapist, in spite of his/her refined probing with psychoanalytic tools and perspective insight, he/she fails to decipher the underlying psychodynamics of the subject. Hypnosis is a royal road to unconscious mind.

We assume that Rajni and Bashkar Vyas both will be present the whole time and also will be co-teaching from time to time.

Both workshops together:
Registration until July 31, 2012
175,- €/for congress participants 95,- €

Registration from Aug 1, 2012:
195,- €/for congress participants 110,- €

Each part individually:
Registration until July 31, 2012
95,- €/for congress participants 55,- €

Registration from Aug 1, 2012:
110,- €/for congress participants 75,- €
Pre-Congress-Workshops of partner institutions

Pre-Congress-Workshop 4

Brian Alman in KREFELD

An exclusive essence of Brian Alman’s new book — „The Voice“

(Monday/Tuesday 15.10.-16.10.12 each 9.30 - 7 am)

The book „Self-Hypnosis“ of Alman/Lambrou is an international bestselling book translated in many languages. The German edition sold 37.000 copies until now. Since few months the eagerly awaited new book of Alman is in print. In Spring 2013 it will be available in German also. In this 2 days pre-con workshop in Krefeld Brian Alman will teach the essence of his new book. After this he will come to Bremen.

Early bird rate until 30.06.12:
325,- €, after 350,- €

Registration/Info:
intakt
Schneiderstr. 50
47798 Krefeld
www.intakt.de
Tel. 02151-3271901

Pre-Congress-Workshop 5

Michele Ritterman

Hypnosis and Family Therapy

(Tuesday 16.10.12, 1 - 6.00 pm)

Michele Ritterman is the pioneer in the field for hypnosis and family therapy. Already 1980 she published a handbook article with the title: „Hypnostructural Family Therapy“ and 1983 the classic book Hypnosis and Family Therapy was published. Michele Ritterman will present her approach in this pre-congress workshop. This is organized together with NIK the leading solution-oriented institute in Germany, which has a long tradition in organizing workshops with international faculty.

Early bird rate until 30.06.12:
120,- €/for congress participants 95,- €
After 01.07.2012: 140,- €/for congress participants 120,- €

Registration/information in writing to be sent to:
Norddeutsches Institut für Kurzzeittherapie, NIK
Außer der Schleifmühle 40, 28203 Bremen
www.nik.de, E-Mail: info@nik.de, Fax: 0049/421/3379417

Be aware: Pre-Con Workshops Nr. 4 will be in another city and Nr. 5 will be in Bremen but not in the Congress Center. Please contact the hosting institutes which are the responsible organizers.
Guisepppe de Benedittis
Mapping the State of Art of Research in Hypnosis. A Worldwide Survey

Hans-Christian Kossak
Peng - you are hypnotized - hypnosis in the art of comics

Julie Linden
HYPNOSIS: The Next Generation. What will our legacy be?

Camillo Loriedo
From the Technique to the Person: How to develop hypnotists’ personal resources to activate therapeutic change

Bernhard Trenkle
Time Distortion – A trance phenomena with therapeutic implications

Jeffrey Zeig
Principles of Advanced Induction

With simultaneous translation German/English/French
Using hypnosis and hypnotherapeutic techniques in Psychotherapy in addition to traditional medical applications is the focus of attention at international hypnosis congresses. Hypnosis is the oldest psychotherapy approach because since ancient times world cultures have been using trance for therapeutic purposes. Modern neuro-psychological research provides evidence for the effectiveness of hypnosis and the reality of hypnotic phenomena. Hypnotherapy on the one hand has its own strategies to solve psychological problems as well as hypnosis may be used on the other hand to accelerate the effect of other therapeutic approaches.

The psychotherapeutic program of this congress will be presented in the next 12 pages.

Introduction

Manfred Prior is a bestseller author in Germany and he will give a German language introduction to modern hypnotherapy.
Anxiety and OCD

We got many proposals in this category: Hypnotherapy for treating anxiety disorders. The approaches are very different. Hypnosis is combined with CBT, psychodynamic approaches or systemic family therapy.

Workshops and Short-Courses

**Ghita Benaguid**
Hypnotherapie bei Prüfungsangst und Lampenfieber

**Isabelle Celestin-Lhopiteau & Jean Becchio**
La peur, obstacle et levier du changement

**Paul Janouch**
Hypnotherapie bei Angststörungen

**Hans-Christian Kossak**
Kurztherapie der Angst – kognitiv-behaviorale Hypnose

**Krzysztof Klajs**
Hypnotherapie bei Zwängen (unter Einbezug der Familie)

**Silvia Meyer**
Wahrnehmung & Vertrauen – Hypnotherapeutische Arbeit mit Zwangspatienten

**Giorgio Nardone**
Hypnotherapy without Trance & strategic dialogue with OCD

Lectures

**Zahi Arnon & Joseph Meyerson**
Strategic and positive hypnotherapeutic approaches in the psychological treatment of OCD patients

**Bruno Suarez**
Hypnosis in the management of claustrophobic MRI patients

**Beatriz Suarez-Buratti**
An Ericksonian approach to forming intentions and developing a new sense of agency in agoraphobia and severe anxiety
Hypnosis and Family Therapy

On a large international family therapy congress 1987 Salvadore Minuchin said: Family Therapy is more influenced by hypnotherapy than it is aware. In the meantime systemic family therapy and hypnotherapy have developed immensely and gained influence especially in Europe. The so-called hypno-systemic approaches are used in many fields of applications. We will have a very special symposium with leading experts. Additionally we have a richness of workshops in the program addressing this topic, especially working with couples.

**Symposium**

**Hypnosis & Family Therapy**

Ben Furman, Camillo Loriedo, Jane Parsons-Fein, Michele Ritterman and Gunther Schmidt

**Workshops and Short-Courses**

**Lilian Borges Zeig**

Hypnosis in Couples Therapy

**Carolyn Daitch & Sheryll Daniel**

Hypnosis and Couples Therapy: Enhancing Affect Regulation and Connection

**Klaus-Dieter Dohne**

Der soziale (Alltags-) Kampf um das knappe Gut der mentalen Aufmerksamkeitsressourcen

**Monika Gumhalter-Scherf**

Hynosystemische Aspekte in der Arbeit mit Genogrammen

**Roland Kachler**

Hypnoanalytische Paartherapie: Die Arbeit mit dem Paar-Unbewussten

**Lucyna Lipman & Katarzyna Szymanska**

Utilization of Couples’ Resources in the Peer and Marital Therapy

**Wilma Sponti Trasarti**

Rapport and Intimacy – a multilevel hypnotic language of intimacy between belonging and individuating

**Lectures**

**Patrice Charbonnel**

Couples Therapy: “I would like you to bring me some photographs”

**Jean-Francois Marquet**

Using Hypnosis with couples in therapy: a Rossian approach
Depression and Hypnosis will be addressed in another important symposium. It is organized by Claude Virot, France. Some of the leading colleagues will address the topic later in workshops. The symposium will address topics and questions like: What is depression? What therapeutic strategies are helpful? How is hypnosis helpful? How do our speakers see the value of drugs in the treatment of depression?

**Symposium**

**New Concepts in depression – from diagnosis to therapeutic strategies**

Assen Alladin, Borys Ivnyev, Irving Kirsch, Camillo Loriedo, Ortwin Meiss, Teresa Robles, Claude Virot & Michael Yapko

Here already some titles of symposium addresses:

**Borys Ivnyev**
New method of depression self-correction in hypnotherapy use – formation of individual behavior with help of “Happiness Matrix Program”

**Irving Kirsch**
The Emperor’s New Drugs: Medication and Suggestion in the treatment of depression

**Camillo Loriedo**
Treatment Strategies in Systemic Hypnotic Family and Couples Therapy

**Workshops and Short-Courses**

**Ortwin Meiss**
Hypnotherapie bei Depressionen

**Mathias Ulbricht**
Depression als Reaktion auf ein Dilemma – hypno-systemische Bewältigungsstrategien und therapeutische Beziehung

**Claude Virot**
Activation of resources in a deep depression
Sleeping disorders

Sleeping disorders is an important field in which hypnotherapy proofed to be effective.

**Workshops and Short-Courses**

**O. Berndt Scholz**
Hypnotherapie bei chronischen Schlafstörungen

**Angelika Schlarb**
Schlaf schön und träum süß – Hypnotherapeutische Interventionen in der Behandlung von Schlafstörungen

**Lectures**

**Angelika Schlarb**
Hypnosis in the treatment of insomnia patients with comorbid depressive symptoms

**Woltemade Hartman**
The Treatment of a Sleeping Disorder with Ego-State Therapy
Hypnotherapy is offering a wealth of techniques for modern trauma therapy. Many of the approaches popular in trauma therapy now have been developed in the field of hypnotherapy. In this category we have many workshops but also an important symposium about Ego State Therapy (in the tradition of John and Helen Watkins) which is coordinated by Woltemade Hartman.

### Symposium

#### Ego-State Symposium

**Woltemade Hartman**  
An Introduction to Ego State Therapy: A Parts-Model that is Creative, Experiential and Integrative!

**Arreed F. Barabasz**  
Efficacy of Ego State Therapy for PTSD

**Susanna Carolusson**  
Men with too much Empathy: An Ego-State Approach

**Elifie Cronauer**  
Healing the Aching Body: Connecting with resourceful Ego-States

**Jenny da Silva**  
A Case Study exploring the Experiences of Educational Psychologists utilizing Ego-State Therapy to address Dissociation in Adolescents

**Susanne Leutner**  
The Healing Bridge: Linking resourceful and traumatic Ego-States

**Maggie Phillips**  
Mending Fences: Repairing Boundaries through Ego-State Therapy

**Luise Reddemann**  
Psychodynamic imaginative trauma therapy and its roots in hypnotherapy and Ego-State Therapy

**Charlotte Wirli**  
The Power of Healing Ego-States

**Silvia Zanotta**  
Ego-State Therapy as Intervention Strategy for Children and Adolescents with Somatic Complaints

**Eva Ferstl**  
Ego-State Therapie „insight“: Die Stufen der Persönlichkeitsintegration am Beispiel einer 12-jährigen Patientin mit der Diagnose „Anorexia nervosa“

**Kai Fritzsche**  
7 auf einen Streich. Ego-State Therapie in der ambulanten Praxis

**Susanne Hausleithner-Jilch**  
„Alles wird gut“: Eine Fallstudie zu Ego-State Therapie bei frühem Verlust

**Beate Köster**  
Systemische Interventionen in der Ego-State Therapie
Workshops and Short-Courses

Ronald Alexander
Mindfulness, Trauma and Trance: Ericksonian and Somatic Approaches. Theory and Practice

Elfie Cronauer & Susanne Leutner
Wenn ich so stark bin wie sie, schaffe ich alles – mit ressourcen-vollen Ego-States das Belastende auflösen

Anna Gerge
Combining forces „Why evidence based treatments for traumatization as EMDR and Trauma focused-CBT ought to add clinical hypnosis to enhance healing of patients with complex PTSD and DID“

Woltemade Hartman
N.N.

Maggie Phillips
Hypnosis and the Deep Self

Maggie Phillips & Silvia Zanotta
Hypnosomatic approaches to Ego-State Therapy

Peter Richard-Herbert
Ego-State Symbolised Integration Technique

Luise Reddemann & Olivier Piedfort
La thérapie psychodynamique imaginative des traumas et ses racines dans l’hypnothérapie et la thérapie des états du moi

Susan Pinco
Brainspotting: New Trauma Treatment Protocols

József Pál Vas & Noémi Császár
Tandem Hypnotherapy as a New Method Functioned at Sensori-motor Level

Eric Vermetten
Hypnotic Realities in Psychotrauma
Mostly we gave international presenters priority and unfortunately had to disappoint some German speaking colleagues. To realize the full relevance of the proposals you should study the abstracts and CV’s of the presenters. The titles of the presentations often are not reflecting the full scopes of the planned presentations.

**Workshops and Short-Courses**

**Jorge Abia & Rafale Nunez**  
Strategic Hypnotherapy of Psychotic Nuclei within Ego-States

**Brian Allen**  
The Golden Wattle Cookbook of Hypnosis – Some simple tried and tested recipes that really work

**Assen Alladin**  
Evidence-based Cognitive Hypnotherapy for Emotional Disorders

**David Alter**  
Keeping Memory in Mind: Remembering our Past to Enhance our Future

**Daniel Bass**  
Using movies in Ericksonian Psychotherapy

**Adolfo García de Sola Márquez**  
Working Consciousness States in Psychotic Patient Groups

**Martin Blendstrup Malmstrøm & Hans Christian Ramskov Jensen**  
How to integrate hypnotherapy with a narrative approach

**Reinhold Bartl**  
„Körperwissen und Intuition – ein „kluger Zu-Ruf!?“ Beiträge der Hypnotherapie für einen entwicklungsförderlichen Umgang mit leidvoll-somato-psychischen Symptomatiken

**Etzel Cardeña**  
Altered consciousness is a many splendored thing: A multidisciplinary perspective

**Susanna Carolusson**  
Stress related illness and hypnosis

**Jose Cava**  
Posthypnotic Suggestions and Daily Life Metaphors: Making therapy more effective
Psychotherapy: Fundamentals and Applications

Erika Chovanec
Using Hypnotherapy to Foster Self-Actualization and Being-Motivation

Hermann-Josef Diedrich
Präsenz – Kreativität – Flexibilität in der Psychotherapie entwickeln und nutzen. Wie? So!

Susan Dowell
Footprintings; Nine Colors, Infinite Possibilities

Ricardo Feix
Learning to deal with automatic writing in deep trance

Elzette Fritz
Re-membering the healer within: a creative expressive arts therapy experience to celebrate the caring self

George P. Glaser
The Poetry of Language: Hypnotic Rhythms of the Body-Mind

Gaby Golan
The use of hypnosis in conversions

Jini K. Gopinath
The conceptual parallels between Yoga and Hypnosis

Martina Gross
Neugierig sein auf „Widerstände“!

Peter Hain
Humor und Hypnose – ein hypnosystemischer Ansatz

Steve Hassan
Releasing the Bonds: Empowering People to Think for Themselves

Pantazis Iordanidis
Ericksonian Hypnosis Facilitated Psychotherapy for Pathological Gambling

Irving Kirsch
Hypnosis, Placebo, and the Power of Suggestion

Carlo Lang
Umbau auf offener See – Spielerisches Üben

Anne M. Lang
Phänomen Hypnose – die Vielfalt der Trance-Induktionen

John Lentz
A Hypnotic Perspective on How to Stay In Love Forever
Psychotherapy: Fundamentals and Applications

Shaul Livnay
Non-Verbal (incl. Gong) means of working through issues in hypnotherapy

Hans Markowitsch
Störungen von Kognition und Gedächtnis im Alter

Matthias Mende
Autonomie, Bindung, Kompetenz und Orientierung: die Harmonisierung der emotionalen Grundbedürfnisse durch Teile-Arbeit in der Hypnotherapie

Joseph Meyerson
„Creative remembering“ – Autobiographic Memory Re却nstruction during Hypnotherapy for Therapeutic Purposes

Richard Miller
Clinical Hypnosis With Gay Men

Miran Mozina
For Psychotherapy as an Autonomous Profession: What is Happening in Europe

Miran Mozina
How to Train Hypnosis: New Developments in Psychotherapy Training

Ali Esref Muezzinoglu
Direct applications of conscious hypnosis

Daniel Quin
Hypnose für Dummys

Dirk Revenstorf
Sexualität, Trance und Körpertherapie

Nicole Ruysschaert
Happiness and Hypnosis

Hans-Ulrich Schachtner
Erickson’sche Kommunikation im Alltag, Beruf und in der Liebe

Michael Schekter & Martine Oswald
The Four Squares Technique
Dan Short
Working with Complex Resistance

Gary Bruno Schmid & Veit Meßmer
Quantentheorie und Hypnose

Stefanie Schramm
Hypnose lernen ist nicht schwer – Hypnotherapie dagegen sehr?!

Annelen Simpkins & C. Alexander Simpkins
Neuro-Hypnosis: Using Indirect Hypnosis to Foster Mind-Brain Change Unconsciously, Naturally, and Effortlessly

Karl-Josef Sittig
Hypnosystemischer Sprachkurs für die tägliche Praxis

Teresa I. Sztab
Gut leben im Sterben: Dem Sterben Raum geben – Wahrnehmen und gestalten der „Innen- und Aussenräume”

Dorothea Thomaßen
Sinne und Spiritualität

Harald Ullmann
Metaphors and Stories in the Daydream Method

Maarit Virta
Hypnotherapy for adults with attention deficit hyperactivity disorder (ADHD)

Ann Williamson
Healing, spirituality and hypnosis – an integration

Edwin Yager
Subliminal Therapy: A Therapy of the Future

Thomas Villiger
Innen ist wie Aussen: Meine Stimme...

Michael Yapko
Mindfulness and Hypnosis: The Same Differences

Jeffrey K. Zeig
Advanced Techniques of Ericksonian Hypnosis: „Ornamentation“
2012 we will concentrate on another interesting topic „Hypnosis and Stuttering“ and will also have a symposium about this topic.

**Symposium**

**Hypnosis & Stuttering**

**Idillette Hartman**
Stuttering and Stuttering Therapy

**Woltemade Hartman**
Ego-State Approaches with stutterers and voice disorders

**Bernhard Trenkle**
Speeding up Van Riper Therapy by hypnosis and strategic approaches

**Assen Alladin**
Hypnotically-Assisted Diaphragmatic Exercises in the Treatment of Stuttering

**Short-Course**

**Diane Yapko**
More Than Words: Working Hypnotically & Strategically with Social-Language Deficits in Children or Children in Speech Therapy
Hypnosis with children and adolescents

This field has been developing rapidly in the last 20 years in the German language part of Europe. The 6th Child Hypnosis congress 2009 was attended by 1800 colleagues. In Bremen most of the leading colleagues in this field will be present. There will be a symposium about developmental aspects of hypnosis organized by Karl-Ludwig Holtz and Dan Kohen.

Symposium

What does it mean to work developmentally appropriate with children and adults in hypnotherapy?

Karl Ludwig Holtz, Dan Kohen, Julie Linden, Karen Olness, Laurence Sugarman and Susy Signer-Fischer

Workshops and Short-Courses

Ralph Berberich
Reducing Immunization Discomfort in 4-6 Year Old Children

Carla Frankenhuis
Hypnotherapy for Children with Functional Abdominal Pain or Irritable Bowel Syndrome: A Randomized Controlled Trial

Pamela Kaiser
Anxiety and Worry in childhood: Individualizing hypnosis for self-regulation

Daniel Kohen & Laurence Sugarman
Putting hypnosis into pediatric practice

Daniel Kohen & Karen Olness
Applications of Hypnosis for Children with Chronic Illness

Ines Lägel
Wie sag ich es dem Kinde? Altersgerechte Krankheitsinformation für Kinder psychisch kranker Eltern

Jeffrey Lazarus
Treatment of Tics and Habit Disorders with Training in Self-Hypnosis

Jeffrey Lazarus
Nocturnal enuresis
Hypnosis with children and adolescents

Barbara Nigitz-Arch & Michael Nigitz-Arch
Null Bock – und alle wollen was von mir

Michael Nigitz-Arch
Geschichtenerzählende Zauberkunst in Therapie und Beratung

Susy Signer-Fischer
Magic and Realism in the treatment of Anxiety Disorders in children and adolescents

Birgit Steiner-Backhausen
„Wenn ich das kann, kann ich das auch!“ – Die Bedeutung und Nutzung des Resilienzkonzeptes in der Hypnotherapie mit Kindern

Linda Thomson
Metaphorical Approaches and Techniques for Changing Habits with Children

Manfred Vogt
Hypnose mit Kindern und Jugendlichen

Charlotte Wirl
Brief hypnotherapeutic interventions with children and adolescents

Lectures

David Gottsegen
Hypnotic Approaches for Children with Enuresis: The use of suggestion and metaphor

Linda Thomson
To Poop or not to Poop

Ines Lägel
Kinder psychisch kranke Eltern – Besondere Belastungen und Bedürfnisse
Different from previous hypnosis congresses in the past 10-20 years applications of hypnotic techniques in the field of medicine is of growing importance. This is not limited to the field of psychosomatics but, also in more traditional medical applications such as anesthesia, emergency room medicine and in an ambulance. Some of the leading experts for pain control will be present in Bremen. Among them Dave Patterson and Mark Jensen, both from Seattle.

Workshops and Short-Courses

**Randi Abrahamsen**
Hypnosis for pain relief in chronic orofacial pain

**Norma Barretta & Philip F. Barretta**
The Pain stops here – The Healing Metaphor: Metaphor as an adjunct to Medical Intervention

**Marie-Elisabeth Faymonville**
Wie kann man Motivation zur Selbsthilfe fördern bei chronischen Schmerzpatienten

**Melchior Fischer**
Einführung in die Hypnotherapie bei chronischen Schmerzen
Medical Hypnosis – Pain

Mark Jensen & Dave Patterson
Hypnotic Management of Pain: I + II

Rolf Pannewig
Pain reduction by hypnosis - Glove Anesthesia and other treatments of acute pain

Burkhard Peter
Konstruktion und Modifikation eines „Symptomträgers“ – eine Strategie für chronische Schmerzpatienten

Lectures

Randi Abrahamsen
Effect of hypnosis on persistent orofacial pain – a scientific report from clinical studies

Guisepppe de Benedittis
Hypnosis for fibromyalgia: a long term, controlled study

Jean Damien Dehoux
Electrotherapy in the service of hypnosis

Marie-Elisabeth Faymonville
Selbsthypnose bei chronischen Schmerzproblemen

Mark Jensen
Hypnotic Cognitive Therapy for Pain Management

Dave Patterson
An Ericksonian, biopsychosocial approach hypnotic approach to pain control

Gunnar Rosén
How and Why Hypnosis works in the treatment of pain

Angelika Schlarb
Sun in the belly – a hypnotherapeutic-behavioral intervention for children with recurrent abdominal pain

Denis Vesvard
Hypnosis & Cognitive-Behavioural Group Therapy for Patients in Pain

Charlotte Wirl
Psychosomatik und Schmerz – Medizinische Hypnose

Randi Abrahamsen
Norma & Philip F. Barretta (mehr als 60 Jahre verheiratet !!)

Melchior Fischer
Rolf Pannewig
Burkhard Peter
In Europe and the USA some leading anesthesiologists use hypnosis in their work in addition to their classic medical repertoire. Among them are Elisabeth Faymonville from Belgium who got the Milton Erickson Award from the German Milton Erickson Society, Ernil Hansen University of Regensburg, Germany and the great pioneer in this field, Christel Bejenke from USA/Germany.

**Workshops and Short-Courses**

**Christel Bejenke**
Hypnosis and related States in Medicine – Their Relevance and vast Applicability

**Guylaine Tran**
Coloscopy and hypnosedation: gastroenterologist and anesthesiologist differing perspectives

**Sebastian Schulz-Stübner**
Hypnosis for procedural sedation and adjunct to regional anesthesia

**Lectures**

**Ernil Hansen**
Awake during brain surgery?

**Christian Schmitt**
Aus meiner persönlichen Sicht als Anästhesist – Wozu Hypnose, und mit welcher Ausbildung?

**Sebastian Schulz-Stübner**
Is there a role for hypnosuggestive techniques in the intensive care unit?

**Enrico Facco**
Hypnosis as a sole anesthesia for atypical Spitz tumor removal in a case with multiple chemical sensitivity

**Olivier Fleureaux**
Conversational hypnosis for surgery

**Fabienne Roelants**
Conventional and videoassisted thyroidectomy under hypnosis

**Christine Watremez**
Benefits of hypnose on breast cancer surgery

**Cuneyt Tugrul**
The effectiveness of fast hypnotic suggestions on breast surgical cases
We received proposals showing new applications of hypnotherapeutic techniques and we got proposals from many new colleagues that also work in this field. A wide range of topics will be addressed: infertility, psychosomatic aspects and childbirth.

**Workshops and Short-Courses**

**Helen Adrienne**  
Finding the Fertility in Infertility

**Karlheinz Brandt**  
Kinderwunschhypnose – Hypnotic Interventions For Infertile Couples

**Eva Ferstl**  
Die Entdeckung von Ressourcen bei Frauen mit Kinderwunsch oder bei Schwangerschaftsbegleitung & Geburtsvorbereitung: ein integrativer neo-Ericksonian’scher Ansatz in Ego-State Therapie

**Helga Hüsken-Jansen**  
HypnoMentale Geburtsvorbereitung

**Liz Lorenz-Wallacher**  
Hypnoimaginative Geburtsvorbereitung und frühe Prävention

**Guiseppe Regaldo**  
Childbirth in Hypnosis

**Walter Tschugguel**  
Hypnose bei Patientinnen mit gynäkologischen Symptomen

**Lectures**

**Helen Adrienne**  
In the mind’s eye

**Eva Ferstl**  
Die Trauer der neo-Väter – wenn nach 40 Wochen kein Kind kommt

**Walter Tschugguel**  
Das was benennbar ist, ist nicht das Problem

**Rajni Vyas**  
Treatment of Unexplained Reproductive Failure in 554 couples with Hypnotherapy

**Anette Werner**  
Antenatal hypnosis training and Childbirth – the effect on Pain Experience, Length of Birth and other Birth outcomes
New innovative approaches will be addressed in this section. In Alsace/France rapid induction techniques are used in ambulance cars.

Workshops and Short-Courses

Cécile Colas Nguyen
Turboinduktion im Notfall

Georg Dünzl
Therapeutische Kommunikation/ Hypnose in medizinischen Notfallsituationen

Franck Garden-Breche
Hypnosis and Emergencies: Bringing out the beaten tracks
Techniques for distinct symptoms will be addressed but also efficient communication in medical situation (placebo vs. nocebo)

**Workshops und Seminare**

**Paola Brugnoli**  
Clinical Hypnosis Techniques in Palliative Care

**Eberhard Brunier**  
Allergie mit Selbsthypnose heilen

**Hansjörg Ebell**  
Hypnose und Selbsthypnose in der Psychoonkologie

**Sabine Fruth**  
Medizinische Hypnose einmal anders: Aktivierung der Selbstheilung durch gezielte Körperreisen

**Teresa Garcia-Sanchez**  
A workshop based on a Multiple Sclerosis case totally recovered as the scans show

**Ernil Hansen**  
Negative suggestions and nocebo effects in medicine

**Stefan Junker**  
Hypnotherapeutische Immunmodulation

**Harald Krutiak**  
Hypnotherapeutic approaches to psychoneuroimmunology

**Mhairi McKenna**  
Mind/Body/Psych/Skin/ – Using your mind to control skin

**Elvira Muffler**  
Hypnosystemische Konzepte in der Psychoonkologie

**Donald Moss**  
Heart Rate Variability Biofeedback: What is Heart Rate Variability? What is its Medical and Psychological Significance? How Can We Optimally Train Positive HRV Changes?

**Irmtraud Teschner**  
Hypnose bei medikamentenrefraktären Epilepsien

**Cuneyt Tugrul**  
Hypnotic way of talking with the breast cancer patients, creating lifesaving metafores and paradoxes
Medical Hypnosis: General and special topics

**Katalin Varga**
How to Teach Someone to Realize the Power of Words in Medical Practice

**Ria Willemsen**
Hypnosis and Skin Disorders: From literature to practice

**Lectures**

**Jens von Lindeiner**
Hypnose nach Schlaganfall

**Martin Wall**
Hypnosis and evidence based medicine, perceived, through a glass darkly’ – A proposal to clear the glass

**Ria Willemsen**
Hypnosis for Autoimmune Hairloss
Dental Hypnosis is very influential in Germany. The German Society of Dental Hypnosis is one of the societies that has the most members in the world (around 2000). The Founding President Albrecht Schmierer and Uwe Rudol helped to organize this Dental Hypnosis Program.

Workshops and Short-Courses

**Albrecht Schmierer**
Hypnose in der Zahnarztpraxis – schnelle und wirksame Hilfe beim Angstabbau, auch auf andere Angstthematik / Phobien anwendbar

**Susann Fiedler**
Die Essenz erfolgreicher Bruxismustherapie – was jeder Therapeut, (Zahn-)Arzt und Patient wissen sollte

**Gabor Filo & Ashley Goodman**
Rapid Inductions for Every Day Use

**Wolfgang Kuwatsch**
Schnelle Induktionstechniken bei Angst- und Schmerzzuständen

**Uwe Rudol**
Hypnotherapie bei Ängsten und Phobien

**Ute Stein**
Musik und Trance in der Zahnmedizin

---

**Lectures**

**Albrecht Schmierer**
Therapie der Zahnbehandlungsangst

**Thomas Wolf**
Evaluation of the efficacy of self-organizing hypnosis in painful manipulation of vital teeth
The Hungarian Colleagues working with Éva Bányai and Katalin Varga, both from the University of Budapest, have been impressing the field for decades with their hypnosis research. They will present their newest results in Bremen.

The “mother” of Active-Alert-Hypnosis Éva Bányai will present with her team 4 papers:

Katalin Varga and her research team will present 3 papers:

**Symposium**

**Symposium: Hypnosis Research**

**Katalin Varga**
Is the scoring of harvard group scale of hypnotic susceptibility really objective?

**András Költő**
Gender of the hypnotized subject and gender of the hypnotist: Are they in interaction?

**Emese Józsa**
Subjective experiences during hypnotic sessions compared to other dyadic interactions

---

**Evidence-based research on the efficacy of clinical hypnosis in treating breast cancer patients**

**Éva Bányai**
The effect of hypnosis as an adjunctive treatment of high risk breast cancer patients. A randomized prospective outcome study

**Adrienn Vargay**
Mobilization of hidden resources as a result of hypnotic suggestions administered for breast cancer patients

**Renáta Márián**
Comparison of quality of life and psychological well-being in the hypnosis and control groups

**Edit Jakubovits**
Immune functions and other physiological indices in the hypnotic and control conditions
MsMerism: The contributions of women to hypnosis

This symposium initiated by Julie Linden will look at the scientific, clinical and leadership contributions and accomplishments of women in the field of hypnosis. Each of the women will present a synopsis of her work. In addition, each will share a personal experience that shaped her work in the field of hypnosis.

Susanna Carolusson, Consuleo Casula, Joan Jobsis, Éva Bányai, Karen Olness, Susy Signer-Fischer, Christel Bejenke, Maggie Phillips, Liz Lorenz-Wallacher, Elisabeth Faymonville, Theresa Robles
The French colleagues are very active and have a strong society and many institutes. Regularly they have annual meetings with around 800 attendees. They are the hosts for the 20th ISH Congress 2015 in Paris. There will be many French colleagues in Bremen and we will have simultaneous translations in the plenary room into French language. Additionally there will be some workshops in French language, too. The workshop teachers are well-known German-language hypnosis experts who are able to present in French, too. We hope this is also attractive for participants speaking French as foreign language.

**Workshops and Short-Courses**

**Isabelle Celestin-Lhopiteau & Jean Becchio**  
La peur, obstacle et levier du changement

**Danie Beaulieu**  
La Thérapie d’Impact : utilisation créative des enseignements de Milton Erickson

**Karl-Ludwig Holtz**  
Peur et phobies chez les enfants et adolescents – stratégies hypnotherapeutiques

**Regina Hunter**  
Minimalisme : apprendre à l’instar du cerveau

**Luise Reddemann & Olivier Piedfort**  
La thérapie psychodynamique imaginative des traumas et ses racines dans l’hypnothérapie et la thérapie des états du moi

**Cornelie Schweizer**  
Sevrage tabagique par l’hypnose
Many people think hypnosis and trance is only possible with closed eyes in a state of deep meditative resting. But trance can also be facilitated while being highly active: Dancing, Drumming, Sport activities, etc. We will address this field in looking at sport hypnosis, mental training but also Sufi Dancing. We will have Live Demonstrations of Active Alert Hypnosis and Sufi Dancing with Live Sufi Music. Additionally we will address the effects of waking trance for learning and studying in schools and universities.

**Workshops and Short-Courses**

**Éva Bányai**  
Active-Alert Hypnosis (Arbeitstitel)

**Gyula Biró**  
Einführung in die Aktiv-Wach-Hypnose (AWH)

**Bruno Dubos**  
Hypnosis and chronicle process: movement and change

**Ali Özden Öztürk**  
Sufism and Hypnosis

**Ulrike Juchmann**  
Wege entstehen beim Tanzen – afrikanische „Götter“ als Kraftquelle

**Antonella Monini**  
The Therapist on Stage: How to Activate the Body’s Thinking through Acting Techniques

**Thierry Servillat & Prevot-Stimec**  
Hypnosis by moving

**David Wark**  
Alert Hypnosis: Workshop in Inducing and Using Eyes Open Hypnosis

**Bernhard A. Wicke**  
Aus einem alten Muster heraus wirbeln

**Lectures**

**David Wark**  
Alert Hypnosis: Hypnotic Phenomena with Wide Open Eyes.  
Review of Research, Mechanisms and Cases

**David Wark**  
Alert Hypnosis: Applications to Education
Music and Trance

Music and Trance are connected. We will have the so called “High Noon-Trances” during lunch breaks. Anita Jung, a texan-bavarian psychologist and her husband Oliver Rajamani, an American-Indian World Musician, have been working together. This duo has very popular in the last years at our large German Congresses and will fly in from Houston to present lunch-trances daily.

Lunch Time Wellness Trance

Anita Jung & Oliver Rajamani
Trance – with Live Music

Ulrike Juchmann
Wege entstehen dadurch, dass man sie tanzt…

Workshops and Short-Courses

Anita Jung
Music and Trance

Stéphane Ottin Pecchio
Musical hypnosis-inducing processes through the works of J.S. Bach and C. Debussy. An example of the use of music for hypnosis: an approach associating improvised music and therapeutic touch to induce hypnotic processes

Alan Redstone
Using Music as a Brief Therapy Solution
Chinese Psychotherapy is a young discipline. The fast changing processes of the whole country are making psychotherapy more and more necessary. In the 90’s of the last century the German-Chinese Academy trained most of the well-known psychotherapists in China. CBT, Psychoanalysis and Systemic Family Therapy has been the focus of the training. Since 2007 there are additional hypnosis trainings certified by the Milton Erickson Society Germany, German-Chinese Academy of Psychotherapy and Beijing University. Some of the leading Professors from all over China will present in Bremen. They plan to teach about combinations of traditional Chinese techniques and hypnosis techniques.

### Lectures

**Xin Fang**
Chinese Traditional Hypnosis  
(included wisdom stories, thinking way, methods, ritual, etc.)

**Tianjun Liu**
Concrete thinking and hypnosis & Oriental psychotherapy: Moving to emptiness

**Hong Wei Ma**
The Heart Sutra and Hypnosis

**Wei Ren**
The Book of Change and Hypnosis

**Qijia Shi**
N.N.

**Wei Xue**
Zen and Hypnosis
First Prof. Tukaev registered and later offered to organize a program with relevant Russian Hypnosis Research.

**Lectures**

**Olga Antipova**
Heart Rate Variability as an Instrument in Research of Biological Mechanisms of Hypnotherapy

**Anna Debryanskaya, Vladimir V. Kuznetsov & George Stefanov**
The dynamics of heart rate variability in healthy volunteers during the hypnotic session

**Natalya Petrash**
Integrative-dialog hypnotherapy in the complex therapy of stage four HIV infection

**Vladislav Kuznetsov**
Universal hypnotherapy in treatment of anxious disorders; cases of therapy

**Larisa Shtark**
Projective Hypnotherapy

**Rashit Tukaev**
Domains of hypnotherapy, resilience and resourcefulness; researches and perspectives
In this Symposium three colleagues will present and reflect on this topic drawing from their work in this field for several decades: Consuelo Casula, John Lentz, Steven Hassan.
In several presentations hypnotic approaches will be demonstrated live. These approaches are generally embedded in therapeutic strategies.

**Live demonstrations**

**Arreed F. Barabasz**  
Hypnotherapeutic Techniques

**Danie Beaulieu**  
Experience „live“ Hypnosis through Impact Therapy

**Camillo Loriedo**  
Hypnosis and Family Therapy with live Demonstration

**Teresa Robles**  
How to elicit instantaneous Hypnotic Trances
Few presentations will address Bremen directly, especially the famous fairy tale of Brothers Grimm “The Bremen Town Musicians”. One presenter’s name is “Bremer” what in Germany is meaning “coming from Bremen”. That is reason enough to define an own program category.

**Workshops and Short-Courses**

**Dagmar Bieselt & Peter Bieselt**
„The Town Musicians of Bremen“/ „Die Bremer Stadtmusikanten“

**Christine Guilloux**
Expressions of Mindfulness

**Marie-Jeanne Bremer**
Wenn es plötzlich dunkel wurde. Spaltung auflösen durch integrierende hypnotherapeutische Verfahren
Smoking cessation is one of the classical topics of hypnotherapy. Research is showing evidence for the use of hypnosis.

**Workshops and Short-Courses**

**Björn Riegel**  
Smokex – Nachhaltige Raucherentwöhnung mit Hypnotherapie

**Martin Dettelbacher**  
Raucherentwöhnung im 4dimensionalen Modell

**Cornelie Schweizer** *(Workshop auf französisch)*  
Sevrage tabagique par l’hypnose – „Das Tübinger Programm“

**Lectures**

**Abdulkadir Demirel**  
The New Hypnotic Approach for Quitting Smoking – ’Water and Bar Code Technique’

**Cornelie Schweizer**  
Hypnose in der Raucherentwöhnung – ein Überblick zum aktuellen Stand der Wissenschaft
Mental Training and Self Hypnosis

Hypnotherapeutic techniques are excellent for self-care. Many techniques of Mental Training originally derive from hypnotherapy. Some of the international pioneers in this field will teach in Bremen.

Workshops and Short-Courses

**Brian Alman**
The Voice for real "Wellness": Exact Techniques

**Andrew Armatas**
Coaching Hypnosis: integrating hypnotic strategies in coaching settings

**Günter R. Clausen**
SELBST-Hypnose auf neuen Wegen. Autogenes SELBSTwerdendes Training – von der Zweipersonenpsychologie zur Einpersonenpsychologie

**Ingo Hodum**
Mentales Training und Hypnotherapeutische Interventionen am Beispiel von Hochleistungssportlern im Tischtennis

**Michele Modenese**
Hypnosis and mental training in Sport Psychology: A way of working with hypnosis in Sport Psychology. Body techniques and Ericksonian metaphors

**Maximilian Muenke & Reinhild Draeger-Muenke**
Acupressure and Hypnosis for Selfcare: Healer Heal Thyself and Thy Patients

**Maria Schnell**
Selbsthypnose

**Laurence Sugarman**
Transforming Health and Care: Report from the Center for Applied Psychophysiology and Self-regulation at Rochester Institute of Technology

**Jane Turner**
GOSH it Works! Goal Oriented Self Hypnosis: setting and achieving goals with self-hypnosis

**Lars-Eric Uneståhl**
Hypnosis – Mental Training – Positive Psychology – The Ideal Triad

Lectures

**Brian Alman**
"TruSage International: Sanford Clinic Watertown Efficacy Study" OR "Mental Fitness Power Exercises: Getting into the Zone"

**Lars-Eric Uneståhl**
Developmental Hypnosis replacing Clinical Hypnosis
Hypnosis and hypnotherapeutic techniques easily can be combined with evidence-based hi-tech medicine as well as with traditional healing techniques.

**Lectures**

**Jini K Gopinath**  
The conceptual parallels between Yoga and Hypnosis

**Tak-ho Lam**  
Ancient Wisdom and Contemporary Practice: Hypnosis in Traditional Chinese Medicine

**Antonella Monini**  
Hahnemannian Homeopathy and Ericksonian Psychotherapy: A fatal Attraction between similar approaches. Reflections

**Olivier Prian**  
Meeting between hypnosis, acupuncture, auriculotherapy and osteopathy

More you can find in categories like „Chinese contributions“, Medical Hypnosis, Self-Hypnosis etc.
Neuro-psychological research

Modern neuropsychological research with brain scanning techniques can prove and clarify many aspects of hypnosis that experts debated bitterly decades ago. Neuropsychology was the featured topic of the last congress in Rome. This congress will give an update.

Lectures

Etzel Cardeña
The neurophenomenology of spontaneous hypnotic phenomena

Marie-Elisabeth Faymonville
Hypnotic modulation of resting state fMRI default mode and extrinsic network connectivity

Enrico Facco
Effects of hypnotically induced „amusia for rhythm” on mismatch negativity

Ulrike Halsband
Neural substrates of hypnosis

Zoltán Kekecs
The effects of a positive suggestion protocol in preparation for cataract surgery on the subjective wellbeing, physiological parameters and recovery of the patients

Hans Markowitsch
Amnesie

Maximilian Muenke
Genetics of Complex Traits: Hypnotizability, Behavior, and Mental Health

Osman Özcan
Kinesiological Surface Electromyography Response of Biceps Brachii Muscle Under Hypnosis

O. Berndt Scholz
Das Unbewusste und die Posthypnose Aufgabe (PHA)

Devin Terhune
The instrumental use of hypnosis for the study of synaesthesia

Devin Terhune
Toward the next generation of measures of hypnotic responding
Lectures about various topics

We have many excellent addresses in the program. International experts will address important aspects of theory and practice. Some of these addresses also could be a keynote on such a congress.

Essentials, Strategies, Approaches

Marie Arnaud
Therapeutisch sinnvolles Berühren in der Hypnosetherapie

Walter Bongartz
Hypnotherapy as an independent psychotherapeutic modality: Theory, practice, empirical foundation

Wiltrud Brächter
Bilder in Bewegung bringen – Hypnosystemische Konzepte in der Sandspieltherapie

Wolf Büntig
Observation, intuition and hypnotherapeutic interventions in transgenerational therapy

Jacqueline Clediere
Mary Poppins and Hypnosis or Learning how to “grow up” through Ernest Rossi’s technique

Jean Damien Dehoux
Electrotherapy in the service of hypnosis

Eleonore Höfner
Wieviel Humor verträgt ein Klient? Humor als Grundlage des Provokativen Stils®

Hans Kanitschar
Hypnosepsychotherapie als tiefenpsychologisch fundierte, integrative Methode

Shaul Livnay
The stimulation of the „Conductor“ as a means of integration through hypnotherapy

Matthias Mende
Wohin soll das nur führen? Die Ableitung von Therapiezielen in der Hypnotherapie

Michele Modenese & Federica Tagliati
Hypnosis and Archetypal images: How they could improve therapy

Dave Patterson
Virtual reality distraction and hypnosis

Gary Bruno Schmid
Bewusstseinsmedizin und die Macht der Vorstellungskraft: von psychogenem Tod bis zur wirksamen Selbstheilung

Oleksandr Tokhtamysch
Metaphors of accepting limits as recourses in psychotherapy and hypnotherapy
Lectures about various topics

Wilma Sponti Trasarti
Paolo from 9 to 39 years: a case of natural reciprocal hypnosis

Claudia Weinspach
Isn’t The Lake Beautiful – Ode to Milton H. Erickson, MD, an American Healer

Edwin Yager
Comparing Success Rates of Subliminal Therapy, CBT and EMDR

Art and Art Therapy

Daniel Bass
Using movies in Ericksonian Psychotherapy

Georg Franzen
Tranceerfahrungen im Kunstraum: Die Grotte von Niki de Saint Phalle

Ewa Gruszecka
Music of Transformation

Stéphane Ottin Pecchio
Musical hypnosis induced by simultaneous piano and singing improvisations and therapeutic touch

Peter Nemetschek
Erickson bei der Arbeit, eine persönliche Begegnung

Intercultural Issues

Philippe Aim
Hypnotic and jewish thoughts

Marilia Baker
Sailing the Seven Seas of Multicultural Competencies in Hypnosis

Gilles Besson
At the Crossroads of contemporary Hypnosis and of primary cultures: My practice of Native American songs in Psychotherapy

Karen Olness
Taking Hypnosis to Resource Poor Areas of the World

Walter Bongartz  Wolf Bünig  Matthias Mende
<table>
<thead>
<tr>
<th>Lectures about various topics</th>
<th>Lectures about addressing symptoms</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Philosophical Aspects</strong></td>
<td></td>
</tr>
<tr>
<td>Consuelo Casula</td>
<td>Guiseppe de Benedittis</td>
</tr>
<tr>
<td>From Plato to Erickson: ancient philosophy and</td>
<td>Hypnosis for fibromyalgia: a long term, controlled study</td>
</tr>
<tr>
<td>modern hypnotherapy</td>
<td></td>
</tr>
<tr>
<td>Susan Dowell</td>
<td>Christian Kettler</td>
</tr>
<tr>
<td>The Present Moment</td>
<td>Alter – Depressionen – Humor – Sexualität!</td>
</tr>
<tr>
<td>Donald Moss</td>
<td></td>
</tr>
<tr>
<td>Social-Relational Elements in Erwin Straus’</td>
<td>Inara Roja</td>
</tr>
<tr>
<td>Phenomenology of Suggestion</td>
<td>Short-term psychotherapy treatment for working adults</td>
</tr>
<tr>
<td></td>
<td>with trichotillomania</td>
</tr>
<tr>
<td>Albert Widmann</td>
<td>Christian Ziegler</td>
</tr>
<tr>
<td>Die Geschichte mit dem Punkt – oder – Der Punkt</td>
<td>Das Rätsel Anorexia nervosa hypnotherapeutisch verstehen</td>
</tr>
<tr>
<td>an der Geschichte ist...</td>
<td>und lösen</td>
</tr>
<tr>
<td></td>
<td>Myriam Eono</td>
</tr>
<tr>
<td></td>
<td>How to deal with bereavement and death</td>
</tr>
</tbody>
</table>

![Susan Dowell](image1) ![Guiseppe de Benedittis](image2) ![Inara Roja](image3)
Was wirkt eigentlich wirklich in der Hypno- und Psychotherapie?

Scott Miller, Gunther Schmidt, Bernhard Trenkle und Peter Hain

Do 14 - Sa 16 Uhr, Rottweil, € 325,-
Martin O.

The Swiss Artist Martin O. just won the highest German cabaret award 2011 (Deutscher Kleinkunstpreis). He is a very funny entertainer and will demonstrate with the help of feedback loops that he himself can be a choir and much more.

www.martin-o.ch

MNOZIL Brass revealed „BLOFELD“

Mnozil Brass are a world-famous brass band, but much more than a brass band. They do it all: singing, theater, dancing, comedy, and, and… Check them out at www.youtube.com

www.mnozilbrass.at

Tickets are already available via www.suedpolshop.de Congress participants will get a special price.
Friday  
19.10.2012

The Cabaret Gala Show

The congresses of the Milton Erickson Institute Rottweil (Bernhard Trenkle) are famous for their outstanding evening entertainment. On Friday we have our traditional Cabaret Gala Performance. The various artists are selected by Helge Heynold, a highly experienced director, actor, and speaker from the German Radio ARD Hessischer Rundfunk. He creates such shows professionally for German Radio and knows a lot of artists. This program is based mainly on non-verbal communication and is especially tailored for our international audience of the congress.

Saturday  
20.10.2012

Banquet

On Saturday we will have the Congress Banquet. As a special event within the Banquet the International Society will present the Awards of the Society to the awardees. We will have live music for entertainment and dancing.
Registration & Payment
On the last page of this brochure you will find a registration form which you can use for fax or regular letters. Online registration is possible via www.hypnosis-congress.com. Online registration will get 5 € off. If you use the online registration you can choose between: remittance, automatic debit transfer system and Paypal. In all three cases an invoice will be sent to you shortly after your registration.

How can I use/redeem a promotion Code?
There is a box for the promotion code on the first page of the online registration. Please enter the code here.

The call for papers is closed already.

Is there a reduced participant fee?
Yes. In case you are in a precarious financial or difficult situation (e.g. currently looking for a job, little retirement pension, invalidity, etc.) and you can prove it accordingly, it is possible to apply for the reduced participant fee of 230 Euros. In this case, please send us the corresponding confirmations (income statement, income statement of the spouse, documents in support of higher expenses, etc.) or inform yourself by phone (+49-741 2068899-0). Since the end of 2011 students can register specially for volunteer work at the congress by doing a congress internship.

Can lectures and workshops also be booked separately/singularly without registering for the whole congress? Are there daily tickets?
It is not possible to only book single workshops or lectures without registering for the whole congress. In case the congress is finally not already sold out daily tickets will be available. This will be defined during summer 2012.

What are the conditions to cancel a registration? Can another person replace me?
If you cancel your participation until Sept. 5th 2012 the participant fee less a service charge of € 30,- will be reimbursed. After this date reimbursement will not be possible. For a charge of € 15,- your registration can alternatively be conferred on a person named by you, who fulfills the participant conditions.

Can you reserve seats for the specific workshops and lectures at the present moment?
All registered participants can register for the workshops and lectures starting approximately June 2012. Further information will automatically be sent to all registered participants by email shortly before June 2012.

Will continuing education credit points/units (CEU) be awarded for the congress?
The congress will be submitted at the national psychotherapeutic association. We expect to receive the accreditation like always.

Where exactly will the congress take place?
In the Congress Center of Bremen. This is located directly next to the main train station. The address is: Congress Centrum Bremen, Hollerallee 99, 28215 Bremen
29.05. - 01.06.2014

Das DUO
Gunther Schmidt & Bernhard Trenkle
Familientherapie ohne Familie

Gunther Schmidt, Dr.med. & Bernhard Trenkle, Dipl.Psych.
Do 14 - So 14 Uhr, € 390,- (bis 31.05.13), danach € 450,-

09.-16.06.2012
UtiliSeasation
XXI. Seminar- und Supervisionswoche
Kloster WIGRY in Polen

Thema: World meets Wigry

2011 war das 20.-jährige Jubiläum unserer beliebten Seminarwoche im polnischen Kloster Wigry. Im Folgejahr 2012 wird der komplette 8-köpfige Vorstand der Internationalen Hypnosegesellschaft ISH in Wigry unterrichten und mit dem Orga-Team die Tagung in Bremen vorbereiten.

Wie immer gibt es interessante Workshops, Supervision, Segeln, Kajak, Rudern, Radeln, Wandern, und abends Tanzen, Lagerfeuer, Karaoke-Singen etc.

www.wigry.de
Organisation: M.E.I. Rottweil • Veranstalter: Polski Instytut Ericksonowski
Congress Committee

The International Society of Hypnosis
www.ish-hypnosis.org

PRESIDENT: Camillo Loriedo, MD, PhD 1)
SECRETARY/TREASURER: Consuelo Casula, PhD 2)
IMMEDIATE PAST-PRESIDENT: Eric Vermetten, MD, PhD 3)
PRESIDENT-ELECT: Julie H. Linden, PhD 4)

Milton Erickson Institut Rottweil
Bernhard Trenkle, Dipl.Psych. 5)
www.meg-rottweil.de

Hosting Society

Milton Erickson Gesellschaft
für Klinische Hypnose e.V.
www.meg-hypnose.de

Organisation

Trenkle Organisation GmbH
Bahnhofstr. 4, 76828 Rottweil
Tel. +49 741-2068899-0
Fax +49 741-2068899-9
www.trenkle-organisation.de
Online-Registration: www.hypnosis-congress.com

If you register online you will get a 5 € Discount.

☐ I register for the 19th Intern. Hypnosis Congress

☐ I register for the Pre-Congress Workshop

☐ WS1  ☐ WS2+WS3  ☐ WS2  ☐ WS3

(registration fees look at page 10/11)

Payments will be acknowledged by email
I need CEU credits: ☐ Yes  ☐ No

☐ I am ISH-Member

☐ I apply for ISH-Membership. Application form enclosed
(Download: www.hypnosis-congress.com).
If your membership is accepted you will get the reduced fee.

☐ Psychologist  ☐ Medical Doctor  ☐ Dentist
☐ Social Worker / MSW  ☐ Other:
Promotion-Code: __________________________

Date  Signature
I have read and accepted the terms and conditions.

Congress fees (19% VAT included)  Regulär  ISH-Member
Registration by 15th May 2012:  455 €  415 €
Registration by 15th September 2012:  555 €  515 €
Onsite:  595 €  555 €
Terms and Conditions

In agreement with the Code of Ethics of ISH, I declare to abide by the following: Members should at all times remain aware of their signed undertaking to use hypnosis only for those purposes for which they are professionally qualified and within the strict limitations of their professional work. This implies that those members who use hypnosis for some clinical or therapeutic purpose should have undertaken, or be undertaking, a professional qualification in that therapy recognised by the Health Service, Social Services or Department of Education of their country. Members should only use hypnosis in their work if, and as far as, this is compatible with the rules of their professional association and the terms of reference of their work. They should restrict their use of hypnosis to those problems for which they would be recognized as qualified to undertake within the Health Service, Social Services or Department of Education of their country. In registering for this congress I agree to abide by this code. Furthermore I declare to attend the congress in my own responsibility. Cancellations only can be sent in writing. For cancellations till September 5th 2012 we charge a cancellation fee of € 30. After that date no refunds are made. If the registration payment is not made in due time according to the price dates for each deadline, the responsive price valid at the time of payment has to be paid. If there are cancellations of parts or the whole congress due to unpredictable circumstances like weather, volcano eruptions in Iceland, strikes or other political problems the organizers cannot be made responsible. Your registration is confirmed by your reception of the invoice for the congress.